## Appendix I: Manchester Sport and Physical Activity Strategy Refresh

# Strategic Theme I

	Current	Proposed	Notes
Theme	Encourage residents who are currently inactive to become regularly active.	Encourage Residents to move more	This is a specific shared commitment from GM Moving (GMM) and succinctly captures the essence of supporting the least active to move more and addressing inequalities.
Narrative Description	This theme is about supporting a decrease in the percentage of people physically inactive, with a particular focus on underrepresented groups – for example, disabled residents, women and girls and older people.  Manchester City Council, Manchester Active together with residents, local communities and partners will:	This theme is about improving sport and physical activity experience and opportunities, so they are inclusive, irrespective of gender, ethnicity, age, disability, or whether you live with a health condition. We will follow the established concept of "proportionate universalism" in the work that we do, balancing targeted and universal provision in a way that's proportionate to the level of need and helping to ensure that we are tackling inequalities across the city. Manchester partners together with residents and local communities will:	Redrafted to highlight the focus on inclusion, proportionate universalism, and addressing inequalities.  The language also draws on some of the commitments within Uniting the Movement (UTM) regarding 'connecting with health and wellbeing'.
We Wills	Co-produce new community led     initiatives with resident led groups and     embed sport and physical activity as part     of a place based integrated services     approach in priority areas within the city	I. Develop a range of place-based approaches to tackle inactivity with residents and communities, particularly those with poor health.	The focus is on geography and areas of poor health. This continues to align to the work through the Sport England Local Pilot.

Current	Proposed	Notes
(people on low incomes and inactive people).		
Place physical activity at the heart of health related initiatives such as social prescribing approaches across the city	2. Work with partners to improve, develop and prioritise the link between physical activity, sport and local health systems.	Rather than being too prescriptive to a single concept this has been broadened to focus more strategically on the link between the physical activity and sport and health systems. systems. This aligns to the focus of Sport Englands Uniting The Movement Strategy which talks to:  'Support meaningful links between the sport and physical activity sector and health systems.'  'Support local solutions, develop leaders who respond to local need and help bridge the gap between physical activity and sport and local health systems.'
3. Ensure the sport and physical activity offer available is diverse, inclusive, affordable, accessible, and is tailored towards tackling the main barriers of participation (e.g. lack of time, lack of money, availability and timing of sessions) particularly amongst under- represented groups.	3. Ensure the ways in which we encourage people to move more are affordable and inclusive providing opportunities and support for those who need new or different ways to take part, removing barriers and increasing access.	The focus remains on ensuring the formal/informal offer and interventions are inclusive.

	Current	Proposed	Notes
Theme	Helping young people enjoy being active	Positive experiences for Children and	This aligns to one of the 5 big issues in
	and healthy, and reach their potential	Young People	Sport England's Uniting The Movement
	1		Strategy. The slight reword is a more
			succinct way of saying the same thing.
Narrative	This theme is about supporting children and	This theme is about supporting children and	Minor tweaks to emphasise the
Description	young people to have the best start in life	young people to have the best start in life, to	importance of a positive experience.
	(aged 0-18), to enjoy taking part in sport and	benefit from being active in a safe and	
	physical activity and support their all-round	positive environment and have equal chance	
	wellbeing, to reduce childhood obesity, and	to achieve their potential. Positive	
	to help provide the skills that will help them	experiences at an early age help build the	
	to reach their potential in life through sport	foundations for an active life. This will	
	and physical activity. Manchester City	support their all-round wellbeing, help to	
	Council, Manchester Active together with	reduce childhood obesity, and provide skills	
	residents, local communities and partners	that will help them to reach their potential in	
	will:	life. Manchester partners together with	
		residents and local communities will:	
We Wills	4. Embedding physical literacy into young	4. Embed physical literacy into young	No amends necessary.
	people's lives (0-5s) through parental	people's lives (0-5s) through parental	
	education, through Early Years settings,	education, through Early Years settings,	
	and through raising awareness and	and through raising awareness and	
	education for the Early Years workforce.	education for the Early Years workforce.	
	5. Tackle childhood obesity by helping all	5. Tackle childhood obesity by creating	Whilst the outcome is broader than
	children in Manchester enjoy an hour of	the conditions for all children in	obesity the explicit reference remains as
	physical activity every day through a	Manchester enjoy an hour of physical	it is important to draw the link to other
	range of interventions.	activity every day.	policy areas.

Current	Proposed	Notes
		The language 'creating the conditions' aligns to both UTM and GMM and is sufficiently broad to capture the many actions that would fit under this area
		recognising this includes policy level interventions right through to the physical provision on the ground.
6. Create a connected and visible city based talent system ensuring those young people with talent are supported to reach their full potential in sport, either as a participant, volunteer or coach.	6. Create a connected and visible city-based talent system ensuring that young people have equal chance to achieve their potential in sport, either as a participant or member of the workforce.	Tweaked the language to talk more about equality of opportunity as talent might not shine through in the first place without opportunity.
		Have used 'workforce' over 'coach' as it captures a broader employability dimension.

	Current	Proposed	Notes
Theme	Sustain and increase adult participation in sport and physical activity.	Active Adults increasing and sustaining activity levels	Originally considered 'active adults' on its own but tagged on the increasing and sustaining part to make the distinction between the work covered in theme 1.
Narrative Description	This theme is about growing participation amongst adults and ensuring that those already participating in sport and physical activity remain doing so. Manchester City Council, Manchester Active together with residents and, local communities and partners will	This theme is about creating the conditions for adults moving in everyday life and helping those who are already active to sustain positive habits throughout their lives. It is about working with Manchester residents, families and communities, in all their diversity to enable everyone to live an active life. Manchester partners together with residents and local communities will:	Sustaining positive habits is the key emphasis recognising the different pressures at different stages of the life course on remaining active.  The theme of families feels important in terms of being an area of strategic focus. It wasn't explicit in the document even though it cuts across a number of we will's.
We Wills	7. Support programmes and activities with mass appeal (e.g. Great Manchester Run), work with open data, embrace technology, and different partners who can open new opportunities, in order to help sport and physical activity become part of everyday life.	7. Support programmes and activities with mass appeal and reach. This includes working with open data, embracing technology, and different partners who can open new opportunities, to help sport and physical activity become part of everyday life.	Very minor tweaks. The emphasis remains on areas of mass appeal and reach.
	8. Develop a new suite of sports specific plans, which help to grow and sustain high quality sports clubs and results in additional resources leveraged.	8. Develop and implement sports specific development plans, which help to grow high quality, sustainable and inclusive sports clubs, addressing inequalities and supporting a whole population approach to moving more.	Clubs are clearly important but they need to inclusive, sustainable and aligned to the broader agenda. Acknowledge that there are cross overs with we will 5 which focusses on young people being active.

Current	Pr	oposed	Notes
9. Encourage self-sufficient physical activity habits by working to increase the amount of family friendly sessions and local, free / low cost, regular, volunteer led programmes and activities in local facilities such as parks and community venues.	9.	Create the conditions for adults moving in everyday life and throughout their lives. We will design movement into everyday habits, routines, activities and spaces and enabling movement to become normal. We will understand the barriers at different life stages including supporting an active life in older age.	As written, we will 9 was very similar to 3 in that they were both focussing on the formal/informal offer. To avoid confusion it has needed to change quite a lot from the original focus. The reword is informed by GMM and tries to capture the essence of what 9 is about but in a broader way.  The specific reference to older age is important as it links to an important strand of work in the city supporting aging well. It is also highlighted within GMM. There are some cross overs to We Will's I and 3 but given none of the We Wills were being explicit to any particular group the wording here has been broadened to capture this. We Will 4 makes reference to a particular age group in the context of young people. The alternative would have been to create a new We Will but it was decided against this because the work on active aging it happening, it is now just being drawn out more specifically.

	Current	Proposed	Notes
Theme	The home of world-class sport that inspires	World-class sport that inspires positive	Slight tweak in language re 'positive
	people	change	change'. This aligns to UK Sport' new
			Strategic Plan as one of its 3 strategic
			ambitions.
Narrative	This theme is about actively supporting high	This theme is about actively supporting high	Small tweaks in language to elaborate a
Description	performance sporting success in the city,	performance sporting success in the city,	little more on what that positive change
	ensuring the maximum sporting, social and	ensuring the maximum sporting, social and	can be.
	economic benefits in return. Manchester	economic benefits in return. This theme will	
	partners City Council, Manchester Active	use the power and platform of sport to	
	together with residents and , local	contribute to a happier, prouder and more	
	communities and partners will	connected society. Manchester partners	
		together with residents and local	
		communities will:	
We Wills	10. Position the Etihad Campus as a global	10. Position the <b>Etihad Campus</b> as a global	No change needed. The Etihad Campus
	leading sports and innovation zone that	leading sports and innovation zone that	remains a key strategic priority for the
	becomes home to an increasing number	becomes home to an increasing number	city.
	of sports organisations resulting in a	of sports organisations resulting in a	
	global sporting knowledge capital and	global sporting knowledge capital and	
	economic driver for continued	economic driver for continued	
	regeneration in East Manchester and the	regeneration in East Manchester and the	
	City more generally	City more generally.	
	11. Position Manchester to be known as a	11. Position Manchester to be known as a	There was some potential overlap 10 as
	global sporting headquarters through	global sporting city through improving	it was also talking of hosting sports
	improving our world class facilities,	our world class facilities and	organisations. This is therefore focussed
	continuing to host major sports events,	continuing to host major sports	in on facilities and events and the
	becoming the home of more GB /	events which generate positive social	positive impacts they will have.
	National Squads, supporting more	and economic impacts for the city.	

Current	Proposed	Notes
performance sports clubs, and		
supporting world class coaching, which		
connects and creates opportunities for		
residents, contributing to the continued		
economic growth of the city Potentially		
look to split the we will up into two: I		
to focus on sporting head quarters and		
major events and 2: to focus on		
performance squads and teams and the		
inspirational role for our residents and		
performance clubs.		
	12. Position Manchester as the home of	New 'we will' as suggested feedback.
	more GB / National Squads,	The original II was very broad and
	supporting more performance sports	wordy so is now split into 2 separate
	clubs, and world class coaching, and	statements.
	creating opportunities for residents.	

	Current	Proposed	Notes
Theme	Creating great places to be active	Active Places and Neighbourhoods	Added neighbourhoods' to be more explicit to the language and focus given to neighbourhood working in other strategic documents.
Narrative	This theme is about developing more active	This theme is about developing more active	
Description	and sustainable environments and	and sustainable environments creating the	
	communities. Manchester City Council,	opportunities for all residents to lead an	
	Manchester Active together with residents	active life. Manchester partners together	
	and, local communities and partners will:	with residents and local communities will:	
We Wills	12. Continue to invest significant resources	13. Continue to invest significant resources	Minor reword in line with the forward
	to develop and sustain a world class	to sustain, develop and enhance the	focus of the facility work.
	facilities infrastructure over the next 10	facility asset base over the next 10	
	years as identified within the suite of	years. This includes the provision of	
	facility strategies for indoor and outdoor	multi-sport hub sites and new active	
	facilities	environments at a neighbourhood level	
		to encourage and provide new	
		opportunities for more people to get	
		active.	
	13. Widen access to and activate all of the	14. Widen access to and activate	The focus of the work remains broad,
	existing 803 sport and leisure facilities,	facilities and spaces, grow local	but the wording has been made more
	including local parks, community assets,	assets, and address spatial	concise.
	local sport and leisure centres and work	inequalities. This includes sport and	
	to open up more school facilities beyond	leisure facilities, green spaces, local parks,	It is acknowledged that there is cross
	the school day. This includes the use of	workplaces, community centres, faith	over to active design and active travel
	faith centres, community centres, and	centres, GP surgeries and schools.	within this 'we will.' This has been
	GP surgeries and exploring the timing of		highlighted specifically under strategic
	sessions (including increased opening		theme 8.

Current	Proposed	Notes
times), whilst building on the success of		
the existing approach to community		
asset transfers.		

	Current	Proposed	Notes
Theme	How we communicate and engage with residents	Communicating with and Connecting Communities	This theme has been more challenging as the two 'we will's' are quite distinct.
			'Connecting Communities' is one of the big issues within UTM and at its heart it is about a bottom-up approach to working with communities.
			It is important to have communication explicitly referenced given the existing 'we will 15'.
Narrative Description	This theme is about placing residents at the centre of everything we do by ensuring we get the right message to the right person in the right way to make it easy to find out about opportunities. It's also about giving	This theme is about placing residents at the centre of everything we do engaging and involving communities to co-design, co-produce, co-deliver and ultimately own sustainable solutions that enable active lives	There is a slight shift / broadening in the focus here to bring out the community engagement element beyond just communication.
	residents and local Councillors a local voice in the way in which local provision is provided and developed. Manchester City Council, Manchester Active together with residents, local communities and partners will:	for all. This includes shaping and sharing a powerful public narrative and communications about the importance of being physically active that will engage and resonate. Manchester partners together with residents and local communities will:	<ul> <li>The following are catalysts for system change identified in GMM which have been merged in the description.</li> <li>Engage and involve communities to codesign, co-coproduce, co-deliver and ultimately own sustainable and realistic solutions that enable active lives for all.</li> <li>Shape and share powerful public narrative and communications that engage and resonate with systemwide and community audiences through</li> </ul>

	Current	Proposed	Notes
			positive messaging, imagery, language and stories.
We Wills	14. Create 12 "locality active networks" encouraging collaboration amongst residents, members and partners to inform communication priorities and provide leadership and coordination to local provision. These networks will be directly connect to ward coordination and to new governance arrangements for city wide sport and physical activity in Manchester.*(see below)	15. Align our resources to embed sport, physical activity and movement in each of the city's 12 neighbourhoods. We will continue to establish trusted relationships to encourage collaboration and engagement with residents, members, partners, community organisations / clubs, the VCSE sector and local providers to ensure that communities are heard and at the forefront of what we do, engaging with people in ways that work for them.	The wording itself has been slightly edited to ensure it remains current with the language being used.
	15. Build a single communications platform and single user account, enabling one central digital location for sport and physical activity information in Manchester and ensuring local residents can be communicated to in a seamless way and to link participation opportunities to their individual interests	16. Build a single communications platform and single user account, enabling one central digital marketplace for information on sport, physical activity and movement in Manchester, ensuring residents can access opportunities to change their behaviour to live healthier, happier lives.	Minor reword.

	Current	Proposed	Notes
Theme	A skilled, motivated and valued workforce (employees and volunteers).	Realising the potential of the workforce	More engaging language that plays to the contribution the workforce can make but also to the individual value that working in sport and physical activity can provide.
Narrative	This theme is about developing a fit for	This theme is about harnessing the potential	Minor tweaks. 'Harnessing potential'
Description	purpose workforce for the future, with the skills to support the least active to get active, to grow and sustain people's interest in sport, and to support elite success. In doing this will provide employability skills, create jobs, and other individual benefits to those engaged. Manchester City Council, Manchester Active together with residents, local communities and partners will	of the people who spend their time helping others to be active. They're the key to adopting and achieving the ambitions in this strategy, whether that be supporting the least active move more, to grow and sustain people's interest in sport, or to support high performance success. In doing this will provide employability skills, create jobs, and other individual benefits to those engaged. Manchester partners together with residents and local communities will:	feels more engaging than 'fit for purpose.'
We Wills	16. Develop a coordinated city-wide Training Hub which provides CPD resources and training to help upskill the sector workforce. The hub will co- ordinate new apprenticeship opportunities, a programme of peer mentoring, work closely with the student sector to link training and work opportunities and create a new coaching framework for Manchester	17. Develop a coordinated city-wide  Training Hub which provides CPD resources and training to help upskill the sector workforce. The hub will co-ordinate new apprenticeship opportunities, a programme of peer mentoring, work closely with the student sector to link training and work opportunities and create a new coaching framework for Manchester.	No changes required.

Current	Proposed	Notes
17. Grow the volunteer base by working	18. Grow the volunteer base and	Removed the MCR VIP reference as
closely with and to the strengths of	improve the experience for	suggested for consistency of not
residents, utilizing platforms such as	volunteers focussing on what is needed	referencing specific initiatives. This has
MCR VIP to identify, recruit, train and	to making giving your time easy,	also drawn on some of the language
deploy more volunteers in sport and	meaningful and supported, now and for	from UTM regarding improving the
physical activity opportunities	the future.	volunteering experience. This also links
		to the new Sport England Coaching Plan
		2.0.
	19. Champion an unrelenting emphasis	The original 'we will's did not appear to
	on diversity, inclusion, skills and	sufficiently emphasis the strategic
	behaviours, to open up and increase	importance of equality, diversity and
	volunteering and employment	inclusion in the workforce. This addition
	opportunities for people from a broader	links directly to UTM and it needs
	range of backgrounds and experiences.	explicit reference.

## Strategic theme 8- Proposed new theme

	Current (original draft)	Proposed	Notes
Theme	N/A	Contributing to a zero-carbon future	Contributing to environmental sustainability is how it is phrased in GMM. 'Zero carbon future' is the language used within the Our Manchester Strategy.
Narrative Description	N/A	This theme is about contributing positively to environmental sustainability and reducing our carbon emissions. A Climate Emergency has been declared by Manchester City Council and this strategy needs to play its part.  Sedentary behaviours are carbon intensive so our core mission of enabling more people to move more, will support net zero ambitions. We will also focus on reducing the negative impact leisure facilities have regarding CO <sup>2</sup> emissions.	The original narrative was quite inward looking. As a city strategy the aspiration should be to get to net zero carbon for all sports facilities in the city, irrespective of whoever owns/operates.  Also cycling has been identified as one of the biggest factors that could support the climate change agenda. Broadening the narrative helps bring this into focus as well.
We Wills	N/A	<ul> <li>20. Decarbonise city council owned sport and leisure facilities through a variety of means including:</li> <li>the installation of energy efficient and renewable technologies</li> <li>the development of a sustainable waste and recycling structure</li> <li>implementing sustainable procurement approaches.</li> </ul>	Suggest that the target is left to the action plan as that could change over time.  The bullet points have been used to be more explicit on the specific elements to the objective.
	N/A	21. Influence, educate and advocate other sporting bodies connected to	Tried to make it a little clearer on 'who' this relates to whilst being broader on

Current (original draft)	Proposed	Notes
	Manchester to rise to the challenge of	the 'what'. Ideally it will be more than
	climate change.	'just' carbon reducing hence using 'rise
		to the challenge'.
	22. Embed good active design principles	Focussing here more on the 'what'
	and best practice into policy, practice	rather than 'why' as that is established in
	and governance, with a particular	the narrative. This also tries to pitch
	emphasis on designing active travel into	more at system change vs initiatives.
	the built and natural environment.	